Rocky Mountain Chapter

ABSTRACT

Please include the abstract you turned in, as you submitted it, in the upper left hand corner of your poster. If you want to see how the recording would work in PowerPoint® please open this as a presentation. You do not need to use this template, it is just an example. You are also free to use other methods if you would like to provide a short verbal introduction to your work, but please make sure it is a simple linkable. When you submit your poster for the conference, please indicate if you have a 2-3 minute talk associated with it. Poster displays must include the ABSTRACT in the upper left hand corner. Posters must not exceed 36" in height and 48" in width

INTRODUCTION

Briefly summarize the necessary background research that led to this work and clearly identify the purpose of the study and hypotheses tested

METHODS

Provide *sufficient* detail of the methods and experimental design employed to complete the study, including participant/subject information.

Arrange your materials in a *straight-forward* and *coherent* manner so a story is told without your presence. Emphasize the most important points and avoid overwhelming the reader with too much detail.

AN EXAMPLE OF A POSTER WITH GUIDELINES FOR ACSM-RM, ANNUAL CONFERENCE Author's names listed with the presenter's name first

Colorado Springs, CO

Author's Contact Information

The results can be *effectively* presented by tables, figures, illustrations and/or photographs. Each should stand on its own and include an interpretative legend. Data should not be duplicated.

Please remember, these materials will be viewed from a distance, so choose an appropriate font. One example that works well is a Times font in 18-point resulting in 11 characters and spaces per horizontal inch and 4 lines per vertical inch.

Please use a strong visual contrast is important. Many people have difficulty distinguishing closely related colors, particularly against incompatible background colors.

CONCLUSIONS

Briefly, what are the conclusions and vital take-home messages of your study

RESULTS

conference in each category.

support, etc.

education.

